



Praise for *Collabor(h)ate*

“We’ve all gotten stuck working with people we don’t like. Thankfully, Deb Mashek has written a lively, actionable book to fix that. Combining her expertise as a psychologist and her experience as a consultant, she reveals how we can earn trust, repair relationships, and create collaborations that bring out the best in us.”

ADAM GRANT, #1 New York Times bestselling author of *THINK AGAIN* and host of the TED podcast *WorkLife*

“There’s so much to love about *Collabor(h)ate*. Too many people are thrown into the deep end of teamwork and left to sink or swim. Sadly, many are sinking. Now we finally have a life buoy. This book is full of new insights about why work relationships are hard and what you can do to make them easier. Better yet, Mashek gives you everything you need to work your team through her brilliant collaboration workshop on your own. This book should be essential reading for every team.”

LIANE DAVEY, New York Times best-selling author of *You First* and *The Good Fight*

“Cooperation is one of the essential skills in the modern world. *Collabor(h)ate* offers the blueprint for helping people and organizations unlock their potential to work together.”

JAY VAN BAVEL, co-author of *The Power of Us*

“Dr. Deb Mashek was born to do this work. She is the relationship psychologist in your pocket, helping you deal with the messy business of people at work. She offers tips, tools, and conversation scripts based on the science of relationships. If you feel like collaborations are happening to you, *Collabor(h)ate* shows you how to shape your decisions, contributions, and outcomes proactively.”

TAMMY HEERMAN, author of *Reframe Your Story*



“Whether it’s working in teams, or on group projects in the classroom, everyone has a story about a dysfunctional collaboration. In *Collabor(h)ate*, Dr. Deb Mashek shows us how to minimize the stumbling blocks that occur when people work together, but more than that, she provides step-by-step plans for getting the most out of collaborative work. This book will lead you to love collaboration and its many benefits.”

RONALD E. RIGGIO, Henry R. Kravis Professor of Leadership and Organizational Psychology, Claremont McKenna College

“If you’re looking for a clear, concise, and action-oriented read on how to improve your collaborations at work, then this book is for you. Deb Mashek grounds her book in practical guidance on how to facilitate better collaborative relationships—while being honest about what makes these relationships hard and unappealing—making this book a how-to-guide you will want to turn to time and time again.”

TESSA WEST, author of *Jerks at Work*

“*Collabor(h)ate* teaches what business schools don’t: How to build powerful collaborative relationships to unlock the potential of individuals, teams, and organizations. This ultimate guide is a must-read for every executive ready to make collaboration a competitive advantage.”

NAOMI BAGDONAS, Lecturer, Stanford's Graduate School of Business, co-author of *Humor, Seriously*

“Collaboration is an essential skill in the workplace and beyond. But it isn’t always easy. In *Collabor(h)ate*, social psychologist Deb Mashek demystifies the complex relationships that sit at the heart of collaboration, providing research-informed strategies and tools for realizing the promise and potential of human connection.”

SCOTT BARRY KAUFMAN, author of *Transcend* and host of *The Psychology Podcast*

“I was gripped from the first line. Mashek’s the real thing. This book is intensely smart, informed with real science—and enormously useful. We humans evolved to live in collaborative groups. This book shows you how. It’s a wise and thought-provoking read.”

HELEN FISHER, Chief Science Advisor to Match.com, author of *Anatomy of Love*





“Remote work and social media have made collaborations more difficult and conflict-prone in recent years. It’s going to get much worse as Gen Z enters the workforce — a generation that was deprived of opportunities to learn collaboration naturally, in free play. This is why *Collabor(h)ate* is such an important book. Mashek combines psychological research, long experience, and playful writing to show you why collaboration is so vital to organizational and personal success, and how to do it better. This book will make you more valuable to employers, and it will also improve your relationships and well-being as you collaborate with selfish, prickly, egotistical (i.e., normal) human beings.”

JON HAIDT, Thomas Cooley Professor of Ethical Leadership, New York University—Stern School of Business, New York Times best-selling author of *The Righteous Mind*, co-author of *The Coddling of the American Mind*